

# MENU: WEEK ONE



British and Local  
**Free Range Eggs**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Beef Bolognaise	Salmon Fillet & Parsley Sauce	Roast Turkey with Stuffing	Moroccan Chicken	Freshly Battered Catch of the Day
<b>MAIN COURSE 2</b>	Spanish Chicken Stew	Chilli Con Carne	Pork & Leek Sausages	Cheesy Bacon Pasta Bake	Chicken & Mixed Bean Tortilla Bake
<b>VEGETARIAN</b>	Vegetarian Bolognaise	Sweet Potato & Mixed Bean Enchilada	Root Veg Cottage Pie	Vegetable, Pea & Potato Curry	Roasted Mediterranean Vegetable Lasagne
<b>STARCHY FOOD</b>	Linguine	Wholegrain Rice	Mashed Potatoes	Herb Infused Couscous	Chips
<b>VEGETABLE</b>	Broccoli	Green Beans	Roasted Root Vegetables	Peas	Baked Beans & Mushy Peas
<b>DESSERT</b>	Eve's Pudding	Oatmeal & Raisin Cookie	Apple & Blackcurrant Crumble	Chocolate & Orange Sponge with Chocolate Custard	Strawberry Mousse

**Food Allergies & Intolerance** - If you require information on allergens or suffer from a food intolerance, please speak to a Team Member before you order your food and drinks

# MENU: WEEK TWO



British and Local  
**Free Range Eggs**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	Tuna Pasta Bake	Cottage Pie	Roast Chicken	Aromatic Beef Curry	Freshly Battered Catch of the Day
<b>MAIN COURSE 2</b>	Sausage & Five Bean Hotpot	Sweet Chilli Chicken	Maple Glazed Bacon Loin	BBQ Cheesy Chicken	Turkey Burgers
<b>VEGETARIAN</b>	Macaroni Cheese	Veggie Stir Fry	Seasonal Vegetable & Pearl Barley Stew	Five Bean Chilli	Mixed Bean Burrito
<b>STARCHY FOOD</b>	Mashed Potatoes	Egg Noodles	Homemade Roast Potatoes	Wholegrain Rice	Chips
<b>VEGETABLE</b>	Peas & Carrots	Green Beans	Braised Red Cabbage	Broccoli	Baked Beans & Mushy Peas
<b>DESSERT</b>	Zesty Orange Drizzle Cake	Fruity Chocolate Bake	Treacle Apple Pudding	Jelly	Chocolate Brownie

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# MENU: WEEK THREE



British and Local  
**Free  
Range  
Eggs**



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Fisherman's Pie	Beef Lasagne	Roast Beef	Sweet & Sour Chicken	Freshly Battered Catch of the Day
MAIN COURSE 2	Beef Stroganoff	Chicken Curry	Chicken & Leek Pie	Pork Teriyaki	Creamy Chicken & Mushroom Pasta
VEGETARIAN	Leek & Potato Frittata	Cauliflower, Sweet Potato & Chickpea Korma	Root Vegetable Hotpot	Lentil & Cauliflower Dahl	Vegetarian Battered Sausage
STARCHY FOOD	Herby Pasta	Wholegrain Rice	Mashed Potatoes	Wholegrain Rice	Chips
VEGETABLE	Green Beans	Steamed Savoy Cabbage	Cauliflower & Sweetcorn	Peas & Carrots	Baked Beans & Mushy Peas
DESSERT	Mixed Fruit Crumble	Chocolate Banana Cake	Baked Lemon & Vanilla Rice Pudding	Gingerbread Cake	Apple Pie

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