

Week beginning
17th September

Planning

What should I revise
first?



To do:

☐ Plan

☐ Prepare

☐ Perform

Planning

What should I revise
first?

To do:

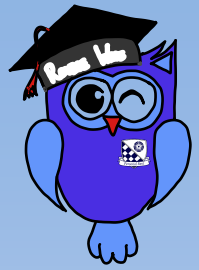


☒ Plan

☐ Prepare

☐ Perform

Building your 'learning power'

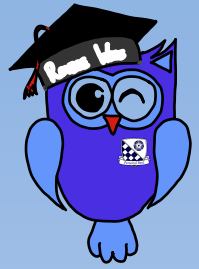


Many of you will be familiar with the idea of a growth mindset, with a focus on **resilience** and **perseverance**.

This is vital to successful revision.



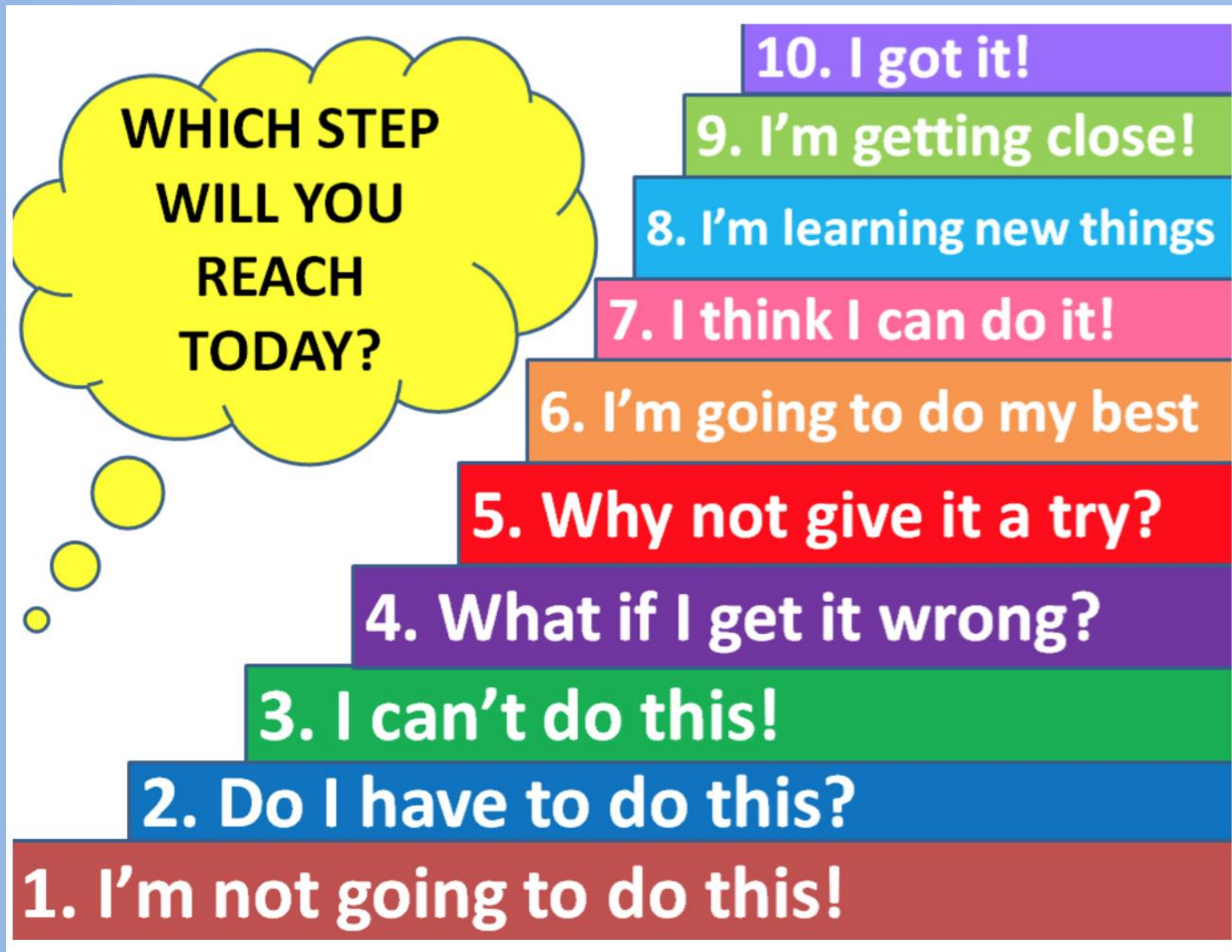
Building your 'learning power'



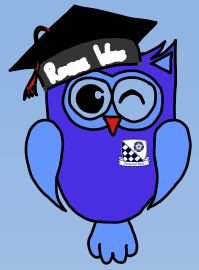
It is easy to be negative, so think about it
as a set of steps to climb.

How far will you get each day?

Building your 'learning power'



Hints and tips from previous successful students



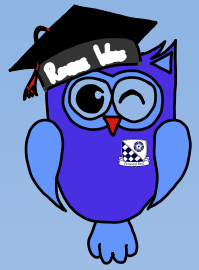
Be realistic with yourself by tackling the subjects you find difficult first, e.g. Maths, Science etc and ask for help.

Follow your homework timetable, remember you will need to set aside extra time to complete coursework

Follow the timetable and take regular breaks.

Plan a revision schedule, cramming only allows you to remember things for a short time.

Hints and tips from previous successful students



Continually test yourself with past paper questions (ask your teachers)

Find a quiet and comfortable place to work

Eat and drink well to keep up your energy

Get appropriate amounts of rest and go to bed at a sensible time, don't work too late

Most importantly, be confident with yourself and believe that you can and will get the grades you want.



Task for session 3

Look at the topic list you created last session.

Using a pen, colours or highlighters you should RAG the topics:

- Red (R) for those you understand the least or know the least about.
- Amber (A) for those you understand fairly well.
- Green (G) for those you understand the most or know the most about.

Some of you will be tempted to make everything red.

This is **not** the mindset we are after. You will find some topics better than others, so be honest with yourself.